	Topic Question With Answers Options Image (If Any) Chapter 10 What is the most important		(Optio	n – A, B, C, D)			
2_9 Science 6106	Science Reaching the rea		nost important VEAT?				C
			Answer O	ptions]
	· · · ·		Option B	Option C	•		
	to eliminate ex from our body	cess water	to reduce excess body weight	to cool down our body			
Folder Number & Question Code	Торіс	Question Wit	th Answers Options	Image (If Any)			ect Answer n – A, B, C, D)
3_16 Science	Chapter 10 Reaching the age of adolescence	entering his in the middl alarmed and beating fast could be att	house stealthily e of night, he was d his heart started . These symptoms ributed to the				A
2462			Answer O	ntions	·		1
	Optie	on A			Option	1 D	1
			•	•			1
	Folder Number & Question Code 3_16 Science	adolescence adolescence adolescence Option to eliminate ext from our body Folder Number & Question Code Chapter 10 Reaching the age of adolescence 3_16 Science 2462	adolescence Adolescence Option A to eliminate excess water from our body Folder Number & Question Code Chapter 10 Reaching the adolescence 3_16 Science 2462	adolescence Answer O Option A Option B to eliminate excess water to reduce excess body from our body weight Folder Number Topic Question When Saurabh saw a thief & Question Code Chapter 10 When Saurabh saw a thief Bage of entering his house stealthily in the middle of night, he was adolescence alarmed and his heart started beating fast. These symptoms 3_16 could be attributed to the action of which hormone? 2462 Answer O	adolescence Answer Options Option A Option B Option C to eliminate excess water to reduce excess body to cool down our body Folder Number Topic Question With Answers Options Image (If Any) K Question Code Image (If Any) Image (If Any) K Question Chapter 10 When Saurabh saw a thief Image (If Any) Age of in the middle of night, he was alarmed and his heart started beating fast. These symptoms Science Could be attributed to the action of which hormone? Answer Options 2462 Option A Option B Option C	adolescence Answer Options Option A Option B Option C Option to eliminate excess water from our body to reduce excess body weight to cool down our body to eliminate from our body Folder Number & Question Code Topic Question With Answers Options Image (If Any) Folder Number & Question With Answers Options Image (If Any) Image (If Any) Kapter 10 When Saurabh saw a thief Image (If Any) Reaching the entering his house stealthily age of in the middle of night, he was adolescence alarmed and his heart started beating fast. These symptoms could be attributed to the action of which hormone? Image View Substance Substan	adolescence Answer Options Option A Option B Option C Option D to eliminate excess water from our body to reduce excess body weight to cool down our body to eliminate wastes from our body Folder Number & Question Code Topic Question With Answers Options Image (If Any) Correct (Option Folder Number & Question Code Chapter 10 When Saurabh saw a thief entering his house stealthily age of in the middle of night, he was adolescence alarmed and his heart started beating fast. These symptoms could be attributed to the action of which hormone? Image (If Any) Image (If Any) 2462 Image of a in the middle of night, he was adolescence Image (If Any) Image (If Any) Answer Options Image (If Any) 3_16 Chapter 10 When Saurabh saw a thief entering his house stealthily adolescence Image (If Any) Image (If Any) Image (If Any) 3_16 could be attributed to the action of which hormone? Image (If Any) Image (If Any) Image (If Any) 2462 Image (If Any)

S.N	Folder Number & Question Code	Торіс	Question Wit	h Answers Options		I	mage (If Any)		Correct Answer (Option – A, B, C, D	
3.	3_16 Science	Chapter 10 Reaching the age of adolescence	the energy c of some food		Energy Content of Some Common Foods		В			
	2485									1
					er Optio	1	<u> </u>			
		Optic		Option B			Option C	Optio		
		3 chapattis	5 (120 gm)	1 cup green grar (100 gm)	n dai	2 DOILE	ed eggs (80 gm)	1 banana (100 gm)	
S.N	Folder Number & Question Code	Торіс	Question Wit	h Answers Options			mage (If Any)			ect Answer n – A, B, C, D)
		Chapter 10	Marathon ru	inners need to		Nutritic	onal Highlights in g/10	0 g		
4.	2 47	Reaching the	stay trim and	d healthy but also		Protein	Carbohydrates	Fats		
	3_17	age of	-	energy - which	Α.		66.2	2.1		А
	Science	adolescence		ds would be most	В.	1 BCASS	0	0.2		
	1872		suitable for a marathon runner?		C. D.	-	11.5 10	9 0.5		
	18/2				D.	0	IU	0.5		

			Ansv	wer Options				
	Opti	on A	Option B		Option C	Option	D	
	μ	A	В		С	D		
Folder Number & Question Code	Торіс	Question Wit	h Answers Options		Image (If Any)			ct Answer n – A, B, C, D)
4_23 Science 9104	Chapter 10 Reaching the age of adolescence	Administrati claims to be foods satisfy conditions. H those claims than 0.5 gran serving. "Low fat": 3 serving. "Cholesterol 2 mg of chol serving. "Low cholest less of chole serving. "Saturated F than 0.5 gran fat per serving	on allows certain made when related Here are some of : "Fat free": Less m of fat per grams or less per free": Less than esterol per terol": 20 mg or sterol per at Free": Less m of saturated ng.	information Our bodies and this is The energy nutrients proteins i compone significant Serving Sit Amount Per Calories Total Fat 1 Saturate Cholester Sodium 51 Total Carbo Dieta Sugar Protein 10 Vitamin A Calcium	information below: Our bodies need energy to live and grow, and this is provided by the food we eat. The energy provided by different nutrients like carbohydrates, fats and proteins is shown in this table: (Other components do not contribute significantly to the total calories.) Nutrition Facts Serving Size 2 slices (135g) Amount Per Serving Calories Calories from Fat % Daily value Total Fat 19g Saturated Fat 8g Sodium 513mg Cholesterol 116mg Sodium 513mg Dietary Fiber Sugars Protein 10g Vitamin A 9% Vitamin C 0%			D
	& Question Code 4_23 Science	Folder Number & Question Code Code Chapter 10 Reaching the age of adolescence 4_23 Science	& Question CodeChapter 10 Reaching the age of adolescenceThe US Food Administrati claims to be foods satisfy conditions. H those claims than 0.5 grat serving.4_23 Science	Option AOption BABFolder Number & Question CodeTopicQuestion With Answers OptionsChapter 10 Reaching the age of adolescenceThe US Food and Drug Administration allows certain claims to be made when foods satisfy related conditions. Here are some of those claims: "Fat free": Less than 0.5 gram of fat per serving.4_23 Science 9104Main Stration of the serving. "Cholesterol free": Less than 2 mg of cholesterol per serving. "Low cholesterol": 20 mg or less of cholesterol per	Option A Option B A B Folder Number & Question Code Topic Question With Answers Options Chapter 10 Reaching the age of adolescence The US Food and Drug Administration allows certain claims to be made when foods satisfy related conditions. Here are some of those claims: "Fat free": Less than 0.5 gram of fat per serving. Answer the informatic Our bodic and this is The energe nutrients proteins is component serving. 4_23 Science "Cholesterol free": Less than 2 mg of cholesterol per serving. Topic Cholesterol per serving. 9104 "Saturated Fat Free": Less than 0.5 gram of saturated fat per serving. Topic Cholesterol per serving.	Folder Number & Question CodeTopicQuestion With Answers OptionsImage (If Any)Folder Number & Question CodeTopicQuestion With Answers OptionsImage (If Any)Chapter 10 Reaching the age of adolescenceThe US Food and Drug Administration allows certain claims to be made when foods satisfy related conditions. Here are some of those claims: "Fat free": Less than 0.5 gram of fat per serving. "Low fat": 3 grams or less per serving. "Low cholesterol per serving. "Low cholesterol per serving. "Low cholesterol per serving. "Low cholesterol per serving. "Low cholesterol per serving. "Low cholesterol per serving. "Saturated Fat Free": Less than 0.5 gram of saturated fat per serving. "Saturated Fat Free": Less than 0.5 gram of saturated fat per serving. "Low Saturated Fat Free": Less than 0.5 gram of saturated fat per serving. "Low Saturated Fat ": 1 gramMaswer the question based o information below: Our bodies need energy to liv and this is provided by differ nutrients like carbohydrates, groteins is shown in this table components do not contribut significantly to the total calor Saturated Fat 8g Sodium 7% Calcium 7% Calcium 71 Protent day values are based on a 2000 Calcium 71	Option A Option B Option C Option A A B C D Folder Number & Question Code Topic Question With Answers Options Image (If Any) Folder Number & Question Code The US Food and Drug Administration allows certain claims to be made when adolescence Answer the question based on the information below: Our bodies need energy to live and grow, and this is provided by the food we eat. The energy provided by the food we eat. The energy provided by different nutrients like carbohydrates, fats and proteins is shown in this table: (Other components do not contribute serving. "Low cholesterol per serving. "Low cholesterol per serving. "Low cholesterol per serving. "Low cholesterol per serving. "Saturated Fat Free": Less than 0.5 gram of saturated fat per serving. "Low Saturated Fat Free": Less than 0.5 gram of saturated fat per serving. "Low Saturated Fat Free": Less than 0.5 gram of saturated fat per serving. "Low Saturated Fat ": 1 gram Nutrietton C 0% Calcium 7% Calcium are based on 2.000 dest. Nutrietton Fiscence Serving Calcium are based on 2.000 dest. Nutrietton Fiscence Serving Calcium 7% Calcium are based on 2.000 dest. Nutrietton Fiscence Serving Calcium 7% Calcium are based on 2.000 dest. Nutrietton Fiscence Serving Calcium 7% Calcium are based on 2.000 dest. Nutrietton Fiscence Serving Calcium 7% Calcium are based on 2.000 dest. Nutrietton Fiscence Serving Calcium 7% Calcium Area Calcium are based on 2.000 dest. Nutrietton Fiscence Nutrietton Fiscence Nutrieton Fiscence Nutrietton Fiscence Nutrietton Fiscence N	Option A Option B Option C Option D A B C D Folder Number & Question Code Topic Question With Answers Options Image (If Any) Corre (Option Code Chapter 10 Reaching the age of adolescence The US Food and Drug Administration allows certain claims to be made when foods satisfy related conditions. Here are some of those claims: "Fat free": Less than 0.5 gram of fat per serving. "Low fat": 3 grams or less per serving. "Low cholesterol per serving. "Low cholesterol per serving. "Low cholesterol per serving. "Low cholesterol per serving. "Low cholesterol per serving. "Low cholesterol per serving. "Saturated Fat Free": Less than 0.5 gram of staurated fat per serving. "Low Saturated Fat Free": Less than 0.5 gram of staurated fat per serving. "Low Saturated Fat Free": Less than 0.5 gram of staurated fat per serving. "Low Saturated Fat Free": Less Masser the question based on the information below: Our bodies need energy to live and grow, and this is provided by the food we eat. The energy provided by different nutrients like carbohydrates, fats and proteins is shown in this table: (Other components do not contribute serving. "Low cholesterol per serving. "Low Saturated Fat Free": Less than 0.5 gram of saturated fat per serving. "Low Saturated Fat Free": Less Masser the question based on the information below: Our bodies need en a 2.000 det. Protein 130 Masser the question fat per serving. "Low Saturated Fat": 1 gram Saturated Fat": 1 gram Masser the question fat per serving. "Low Saturated Fat": 1 gram

			calories fron	n saturated fat.	Nutrient	Calories per gram		
			"Sodium free	e": Less than 5	Carbohydrates	4		
			mg of sodiur	n per serving.	Fat	9		
			-	n": 140 mg or less	Protein	4		
			per serving.	0	6			
			•	g of 2 slices for				
			which the in	formation is				
			shown, whic	h of these claims				
			can be made	?"				
					wer Options			
		Optio		Option B		Option C	Option D	
		Fat Free and S		Low Fat		Low Sodium	(None of the	
		Fre	ee				claims can l	be
							made)	
S.N	Folder Number	Торіс	Question Wit	h Answers Options		Image (If Any)		Correct Answer
	& Question						(Option – A, B, C, D)
	Code							
		Chamber 10						
		Chapter 10		he HMS Salisbury				
6.		Reaching the		England to the				
0.	4 24	age of adolescence		olony, the ship's				
	—	adolescence	physician, Ja					
	Science		performed a	•				С
	10324		•	to determine				
	10324		-	be effective as a				
				vy. On May 20,				
				ivided his 12 ill				
			seamen into	six groups (P to				

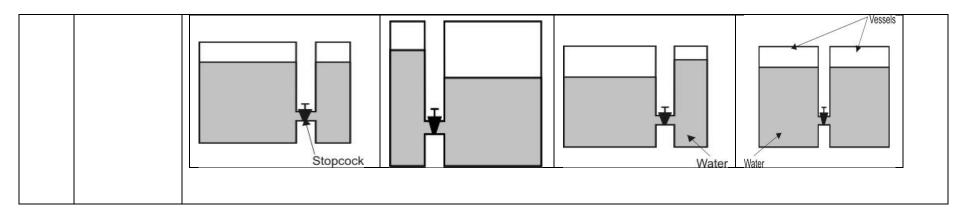
			a common di lunch and dir group receive supplement a P: quart of a Q: 25 drops o (sulphuric ac R: two spoon three times a S: concoction spices T: half-pint o	pple juice daily of elixir vitriol id and aromatics) oful's of vinegar a day of herbs and f sea water daily			
			I: half-pint o W: two orang lemon daily	-			
			Which group	(s) of seamen recovered fastest			
			due to the su	upplement given?			
				Answ	ver Options		
		Optio	on A	Option B	Option C	Option	1 D
		Q, R a	nd S	P and W	W only	P, W an	nd T
S.N	Folder Number & Question Code	Торіс	Question Witl	h Answers Options	Image (If A	Any)	Correct Answer (Option – A, B, C, D)
	4_24	Chapter 10	Given below	is a doctor's			
7.	Science	Reaching the age of	advice to a p your blood g	erson: 1. Get lucose levels			В

	10342	adolescence Optic a growin	your diet 3. regularly. 4. without fail. whom this a MOST likely	Take medication The person to dvice is given is	ons Option C a pregnant woman	Optio an ath		
S.N	Folder Number & Question Code	Торіс	Question Wit	h Answers Options		Image (If Any)		Correct Answer (Option – A, B, C, D)
8.	4_25 Science 12013	Chapter 10 Reaching the age of adolescence	in urine sam P, Q, R and X intervals after of a glass of shown in the below.(mg/o decilitre)	er consumption orange juice are e graph II - milligrams per ent X likely to be	300 250 (Ip/6 w) 301 250 (Ip/6 w) 301 250 0 0 0	30 60 90 120 150 180 210 Time (min)	240 270 300	A

				Ansv	ver Optio	ons				
		Optie	on A	Option B		Option C		Optic	on D	
		Diab	etes	Anaemia		High Cholester	rol	Hyperte	ension	
S.N	Folder Number & Question Code	Торіс	Question Wi	th Answers Options		Image (If Ai	ny)			ct Answer I – A, B, C, D)
9.	2_10 SCIENCE 4186	Chapter 10 Reaching the age of adolescence	that has the	er of the heart thickest and uscles is the one				C		
				Ansv	ver Optio	ons				
		Optio	on A	Option B		Option C		Optic	on D	
		pumps blood	to the lungs	receives blood fro head	om the	pumps blood to t body	he:	receives bl from the lu		
S.N	Folder Number & Question Code	Торіс	Question Wi	th Answers Options		Image (If Ai	ny)			ct Answer I – A, B, C, D)
10.	2_10 SCIENCE 4191	Chapter 10 Reaching the age of adolescenceVikram and Ana measure the number of breaths they take per minute while doing different activities. Study these and answer the question. Which of these is a valid conclusion from this data?		Activity Sitting Walking Running		(bro	Ana eaths per minute) 14 25 39	B		

	SCIENCE 4192 a			Ansv	wer Optic	ons				
		Optio	on A	Option B		Option C		Optior	ו D	
		The rate of respiration is more for girls than boys.		The rate of respiration increases with increased physical activity.		respiration increases with the age of the		The rate of respiration decreases with the age of the person.		
S.N	& Question	Торіс	Question Wit	th Answers Options		Image (If Any)			Correct Answer (Option – A, B, C, D	
11.	SCIENCE	Chapter 10 Reaching the age of		Ana measure the preaths they take while doing	Activity	Vikram (breaths per minute)	Ana (breaths per	minute)		С
		adolescence		tivities. Study	Sitting	12	14			
			these and an question.	nswer the	Walking	25	25			
			The increase respiration of probably ser purpose?	observed	Running	40	39			
					Answer	Options				
		Optio	on A	Option B		Option (2		Option	D
		More glucose	is delivered	More haemoglob	in is	More oxygen is d	elivered	More	carbon die	oxide is
		to the muscles energy source		delivered to the n as their energy so		in order to break glucose to do wo			red in ord down glue	

						do work.	
				·			
12.	2_9 SCIENCE 5033	Chapter 10 Reaching the age of adolescence		y, why do we feel v than usual?		C	
				Answer C	Options		
		Opt Because the has to be pro digested.		Option B Because our body temperature rises.	Option C Because we lose more water due to perspiration (sweating).	Option D Because the digestive system dries up in the heat.	
	1_3	Chapter 11	In the setup	s shown, two			
13.	Science 7362	Force and Pressure	filled with w The two ves connected k the stopcock which case	by a tube. When k is opened, in will water flow ssel on the left to			В
				Answ	ver Options	· · ·	
		Opt	ion A	Option B	Option C	Option	D



S.N	Folder Number & Question Code	Торіс	Question Wit	h Answers Options	Ir	nage (If Any)			: Answer - A, B, C, D)
14.	1_3Science 6655	Chapter 11 Force and Pressure		ns when air is a cycle tube p?					В
		Opt	ion A	Answe Option B	er Options	Option C	Opti	on D	
		Air expands i	in the tube.	Air is compressed ir tube.	n the Air is c tube.	ooled in the	There is not in any of t properties	hese	

S.N	Folder Number & Question Code	Торіс	Question Wit	h Answers Options	Image (If Any)		Answer A, B, C, D)
15.	2_9 Science 6063	Chapter 11 Force and Pressure	and complet oil. He think make hole(s the tin and t shown in the the minimur holes he sho	s to empty a new tely filled tin of s that he will) on the top of then empty it (as e picture). What is m number of buld make so that properly from			3
				Answer Op	otions		
		Opti	on A	Option B	Option C	Option D	
			\sum	B. Two	C. Three	D. Four	